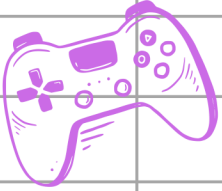


NO SCREEN TIME UNTIL...



Do these first!



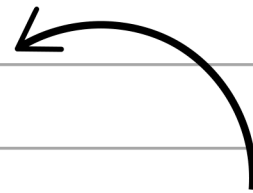
Homework

Daily chores

Played outside

Read a book

Family Time



Add your own!

